


RISK ASSESSMENT (COVID-19)

RISK ASSESSMENT NUMBER: 02	DATE OF ASSESSMENT: 23/08/2020	ADDITIONAL INFORMATION CHECK SHEET / RISK ASSESSMENTS REQUIRED		
TASK / WORK ACTIVITY / WORK AREA ASSESSED: ALL SESSIONS ACROSS ALL GYMS POST-COVID-19	ASSESSMENT CARRIED OUT BY: MARK LANGLEY	SUBSTANCES HAZARDOUSS TO HEALTH:		<input type="checkbox"/>
		MANUAL HANDLING		<input type="checkbox"/>
		DISPLAY SCREENS		<input type="checkbox"/>
		NEW + EXPECTANT MOTHERS		<input type="checkbox"/>
		YOUNG PERSONS	<input type="checkbox"/>	

WORST CASE OUTCOME					LIKELIHOOD					RISK RATING (OUTCOME X LIKELIHOOD)		
5	4	3	2	1	5	4	3	2	1	HIGH	MEDIUM	LOW
FATALITY	SEVERE INJURY	LOST TIME INJURY	MINOR INJURY	NO INJURY	CERTAIN	VERY LIKELY	LIKELY	UNLIKELY	REMOTE	13-25	5-12	1-4

PERSONS AFFECTED BY THE ACTIVITY	IDENTIFIED HAZARDS	CONTROL MEASURES ALREADY IN PLACE	OUTCOME	LIKELIHOOD	RISK RATING	FURTHER ACTION REQUIRED?
STAFF, CHILDREN AND PARENTS	CHILDREN AND PARENTS ARRIVING AT THE GYM (POSSIBLE CROSS CONTAMINATION)	<ul style="list-style-type: none"> - SOCIAL DISTANCING MARKERS / LINES HAVE BEEN INSTALLED THROUGHOUT THE PREMISES BOTH INDOORS AND OUTDOORS - CAFE HAS BEEN CLOSED AND FOOD SHOULD NOT BE CONSUMED ON THE PREMISES - GYMNASTS SHOULD COME IN THEIR KIT AS NO CHANGING FACILITIES WILL BE OPEN - TRAINING SESSIONS ARE REDUCED TO A MINIMUM NUMBER (BELOW THE GOVERNMENT RECOMMENDED GUIDANCE) - PARENTS USE A DROP OFF / COLLECT SYSTEM. PARENTS ARE TO WAIT BY THEIR CARS AND NOT ENTER THE GYM - VIEWING AREA HAS BEEN CLOSED - SANITISING OF EQUIPMENT WILL TAKE PLACE DURING AND AFTER EACH SESSION - CHILDREN WILL NOT BE ALLOWED TO TRAIN IF ANY OF THEIR FAMILY MEMBERS ARE IN SELF ISOLATION. - CHILDREN WILL BE LINED UP ON SOCIALLY DISTANT MARKERS BEFORE SANITISING THEIR HANDS BEFORE AN AFTER THEIR SESSION. - PARENTS AND COACHES ARE REMINDED THAT ANYONE AT HOME WHO IS DEEMED VULNERABLE (NEW, EXPECTANT MOTHERS, ELDERLY ETC) SHOULD NOT ATTEND UNTIL FURTHER NOTICE 	3 LOST TIME INJURY	1 REMOTE	3 LOW RISK	NO
	DROPLETS OR VIRUS BEING LIVE ON EQUIPMENT (HIGH TOUCH AREAS)	<ul style="list-style-type: none"> - ALL EQUIPMENT WILL BE CLEANED DURING AND AFTER USE - MATS WILL BE WIPED DOWN DURING AND AFTER EVERY SESSION TO ENSURE THEY'RE CLEAN BEFORE THE NEXT USE - ALL DOORS, DOOR HANDLES, SINKS, TOILETS, WALLS, RADIATORS, MIRRORS ETC (AT CHILD HEIGHT) WILL BE CLEANED AFTER EVERY SESSION - HAND SANITISING STATIONS HAVE BEEN INSTALLED THROUGHOUT PUBLIC AREAS AND AROUND THE GYM TO ENSURE GOOD HYGIENE THROUGHOUT SESSIONS - COACHES WILL ALSO HAVE PERSONAL HAND SANITISER TO USE THROUGHOUT SESSIONS 	3 LOST TIME INJURY	1 REMOTE	3 LOW RISK	NO
	CHALK APPARATUS	<ul style="list-style-type: none"> - USE OF CHALKY APPARATUS IS LIMITED TO FEWER GROUPS AND ONLY ONE GYMNAST USES THESE PIECES OF APPARATUS AT A TIME - ROTATIONS ARE LENGTHENED TO REDUCE CROSS CONTAMINATION - USING HAND SANITISER BEFORE, DURING AND AFTER USING THE APPARATUS IS COMPULSORY - THERE WILL BE NO COMMUNAL CHALK AREAS. ONLY THE GYMNAST USING THE APPARATUS WILL HAVE THEIR CHALK BOX IN THE DESIGNATED SPACE 	3 LOST TIME INJURY	1 REMOTE	3 LOW RISK	NO
	LEAVING THE GYM	<ul style="list-style-type: none"> - GYMNASTS ARE ALL SOCIALLY DISTANCED IN THE GYM - GYMNASTS ARE CALLED INTO THE RECEPTION AREA ONE BY ONE TO COLLECT THEIR BOX FROM THEIR GROUPS DESIGNATED AREA AND STAND ON A SOCIAL DISTANCING SPOT - GYMNASTS ARE CHAPERONED IN GROUPS OF (NO MORE THAN) 10 AROUND THE ONE-WAY SYSTEM TO MEET THEIR ADULT IN THE CAR PARK - CHILDREN WHO ARE NOT COLLECTED ON TIME WILL BE BROUGHT BACK INTO THE RECEPTION AREA TO WAIT WHILE THEIR PARENT IS CONTACTED. THEY WILL THEN BE CHAPERONED OUT BY A COACH 	3 LOST TIME INJURY	1 REMOTE	3 LOW RISK	NO

SNEEZING AND COUGHING	<ul style="list-style-type: none"> - GOOD HYGIENE PRACTICE IN PLACE - HAND SANITISERS ARE ACCESSIBLE THROUGHOUT THE GYM AND PUBLIC AREAS, COACHES ARE IN POSSESSION OF PERSONAL SANITISERS - PEDAL BINS ARE PLACED AROUND THE GYMS AND EASILY ACCESSED BY STAFF AND GYMNASTS 	3 LOST TIME INJURY	1 REMOTE	3 LOW RISK	NO
IDENTIFICATION OR POTENTIAL INFECTION: COUGH FEVER SHORTNESS OF BREATH SORE THROAT	<ul style="list-style-type: none"> - ISOLATION AREA IS AVAILABLE FOR ANYONE SHOWING SYMPTOMS OF BEING UNWELL - CONTACTLESS THERMOMETER IS AVAILABLE FOR COACH USE - REGISTERS FOR "TRACK AND TRACE" ARE BEING TAKEN - NO PARTICIPATION BY ANY CHILD SHOULD ANY FAMILY MEMBER IN THE HOUSEHOLD BE SELF-ISOLATING 	3 LOST TIME INJURY	1 REMOTE	3 LOW RISK	NO
RETURNING FROM A CATEGORY 1 COUNTRY	<p><u>CATEGORY 1 COUNTRIES</u> TRAVELLERS SHOULD SELF-ISOLATE, EVEN IF ASYMPTOMATIC, AND USE THE 111 ONLINE CORONAVIRUS SERVICE TO FIND OUT WHAT TO DO NEXT. GO HOME OR TO YOUR DESTINATION AND THEN SELF-ISOLATE.</p> <p><u>CATEGORY 2 COUNTRIES</u> TRAVELLERS DO NOT NEED TO UNDERTAKE AND SPECIAL MEASURES, BUT IF THEY DEVELOP SYMPTOMS, THEY SHOULD SELF-ISOLATE AND CALL NHS 111.</p>	3 LOST TIME INJURY	1 REMOTE	3 LOW RISK	NO

FURTHER CONTROL MEASURES		FURTHER CONTROL MEASURES FOLLOW UP		
		ALLOCATED TO:	TARGET DATE:	DATE COMPLETED:
N/A				
RISK ASSESSMENT REVIEWS				
SUGGESTED REVIEW DATE (AFTER SIGNIFICANT CHANGES, ACTIONS COMPLETED + ANNUALLY)				
RISK ASSESSMENT REVIEWED BY		RISK ASSESSMENT REVIEWED BY		
DATE		DATE		
COMMENTS		COMMENTS		
NEXT SUGGESTED REVIEW DATE		NEXT SUGGESTED REVIEW DATE		